

# OSHA 10-Hour Training

## March 7-8, 2012



**March 7, 2012**  
**8:00 a.m. - 3:30 p.m.**  
and

**March 8, 2012**  
**8:00 a.m. - 11:00 a.m.**

**NICC Town Clock Center**  
**For Professional Development**  
680 Main Street, Dubuque, IA

**Cost - \$45**

*(Lunch will be provided on the 7th)*

**To register for:**

Class # 9874

go to: [www.nicc.edu/continuinged](http://www.nicc.edu/continuinged)  
or call (563) 557-8271 ext. 380

**Instructor:**

**Mike Whitmore,**  
**Compliance Assistant Specialist,**  
**Iowa Department of Labor**

**Course Benefits:**

- Employers and their employees can learn about potential hazards at their worksites and improve their occupational safety and health management systems.
- Help avoid fines and gain insight about Federal compliance issues
- Receive important safety and training information
- Earn a 10-Hour OSHA General Industry Training Completion Card

**Topics include:**

- Introduction to OSHA
- Walking and Working Surfaces and Falls
- Confined Spaces
- Lockout/Tag Out
- Machine Guarding
- Means of Egress
- Fire Protection
- Personal Protective Equipment
- Materials Handling
- Back Ergonomics
- Electrical Safety
- Hazard Communication
- OSHA Recordkeeping

**Sponsored by:**



**Refund Policy:**

If a class is cancelled by NICC, a full refund will be issued. No refund will be given if the participant cancels 5 business days or less prior to class start date. Note that some fees are not refundable.

*Equal opportunity program. Auxiliary aids and services are available upon request to individuals with disabilities*